

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the April 12th edition of the "DPCP FYI". Each FYI is received by over 400 diabetes care professionals in and around South Dakota. If you have trouble with the links or attachments, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know.

Colette

This issue's topics~

- **MRCDE Audio conference and Spring Meeting on April 26th**
- **Free Kidney Screening**
- **Hit the Trail Healthy Challenge**
- **Kidney Walk on June 9th in Sioux Falls**
- ***Your Child is Diagnosed with Diabetes: Parent's Questions for the Health Care Team***
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MRCDE Audio conference and Spring Meeting on April 26th

The Mount Rushmore Chapter of Diabetes Educators (MRCDE) is sponsoring the audio conference [Emerging Diabetes Therapies](#) with Emily Traub, MS, PA-C on April 26th from 1:00 - 2:00 (Central Time). The goal of the audio conference is to increase the knowledge of diabetes practitioners regarding new therapies available in the management of diabetes. The MRCDE

Spring Meeting will follow at 2:00. A limited number of audio sites are available. Call Mary Haan @ 605-322-8998 to register. Information about continuing education credits are on the conference flyer at <http://diabetes.sd.gov/>.

Free Kidney Screening

Do you, a loved one, or a client have diabetes, high blood pressure or a family history of kidney disease? Register today for the free KEEP (Kidney Early Evaluation Program) screening to be held on Friday, May 4th at the Empire Mall in Sioux Falls. The screening is being provided free of charge by the National Kidney Foundation of the Dakotas and Minnesota. The screening involves measurement of Blood Sugar, Blood Panel, Cholesterol, GFR, Creatinine, and other tests as well as general weight and height measurements. Pre-registration is required. Call 1-800-596-7943 to make an appointment.

Hit the Trail Healthy Challenge

Ready to walk the entire length of the Mickelson Trail in the Black Hills? The next HealthySD Challenge is a step challenge to be held May 1-31. The Hit the Trail challenge is to encourage physical activity while exploring local trails and walking paths. Participants will be able to measure their progress on a virtual representation of the Mickelson Trail. You can join the friendly competition as individuals or as a team of family, friends or co-workers. Sign-up begins now by going to www.healthysd.gov and clicking on the link on the opening page. The Challenge is all web-based and each participant needs their own email address to participate.

To make it easy to track steps, the Department of Health will provide pedometers to those who sign-up. At the end of the challenge, 10 randomly selected participants will receive either a Mickelson Trail pass or a South Dakota State Parks pass from the department.

Get a team together today and ready to step into spring!

Kidney Walk on June 9th in Sioux Falls

The National Kidney Foundation serving the Dakotas and Minnesotas will be holding its Kidney Walk on Saturday June 9, 2007 at the Sioux Falls Stadium (home of the Canaries). You can register online at www.kidneywalk.org or call (605) 322-7025 for more information. Proceeds go to local diabetes programs, kidney health awareness screenings and emergency assistance programs. If you can't attend in Sioux Falls you can still sign up and raise money for this worthwhile cause.

Your Child is Diagnosed with Diabetes: Parent's Questions for the Health Care Team

Parents of children with diabetes often have concerns about the disease, its impact on their family, and how to keep their children safe and healthy. ***Your Child is Diagnosed with Diabetes: Parent's Questions for the Health Care Team*** is a newly released online resource available at http://ndep.nih.gov/diabetes/parents/parents_questions.htm. ***Parents' Questions for the Health Care Team*** includes questions about diabetes and its management to help families talk with their health care team and to learn about their child's diabetes care needs at diagnosis and later on as well. Additional resources on children and adolescents with diabetes is available at <http://ndep.nih.gov/diabetes/youth/youth.htm>.

Helping the Student with Diabetes Succeed: A Guide for School Personnel

The Coordinated School Health and Diabetes Prevention & Control Programs have collaborated to produce copies of *Helping the Student with Diabetes Succeed: A Guide for School Personnel*.

Helping the Student with Diabetes Succeed: A Guide for School Personnel was developed by a multitude of organizations including the National Diabetes Education Program (NDEP), the U.S. Department of Education, the American Academy of Pediatrics, the National Association of School Nurses, and the American Diabetes Association and explains what schools can do to make sure students with diabetes are medically safe and have the same access to educational opportunities as all students. The guide includes a primer on diabetes, information on what various school personnel need to know, forms for providing medical information, an overview of applicable federal law, and a resource list.

An updated companion resource, *Diabetes Care Tasks at School: What Key Personnel Need to Know*, is available from the American Diabetes Association at www.diabetes.org/advocacy-and-legalresources/discrimination/school/schooltraining.jsp. *Helping the Student...* sets out what diabetes care tasks must take place at school. *Diabetes Care Tasks...* provides instruction on how to perform these tasks.

If you would like a copy of Helping the *Student with Diabetes Succeed* sent to you, contact Colette Beshara at colette.beshara@state.sd.us or 773-7046.

Colette Beshara RN, BSN
Diabetes Prevention & Control Program
SD Department of Health
615 E Fourth Street
Pierre, SD 57501
(605) 773-7046
(605) 773-5509-fax
colette.beshara@state.sd.us
<http://diabetes.sd.gov>